

LIFETIME ACTIVITY PROGRAMMING AND LEADERSHIP MINOR

<https://chhs.unh.edu/kinesiology/program/minor/lifetime-activity-programming-leadership>

Description

The minor in Lifetime Activity Programming and Leadership is for students with an interest in working with youth in out-of-school activity settings such as before or after school programs, summer camps, outdoor/adventure settings, etc. The majority of courses will engage students in purposeful movement and will be physically engaging. Each course will have a teaching component that prepares students to facilitate the various activities with young people in a wide-range of environments.

Requirements

Academic policies related to Minors.

Code	Title	Credits
Required Courses		
HPE 655	Middle School and Secondary Physical Education Pedagogy	4
HPE 781	Introduction to Adapted Physical Education	4
HPE 601	Lifetime Sports	3
HPE 603	Team Sports	3
HPE 676	Adventure Activities	3
Electives		
Select two courses from the following:		4-6
OUT 539	Artificial Climbing Wall Management	
OUT 542	Sea Kayaking	
OUT 551	Adventure Programming: Backcountry Based Experience	
OUT 552	Adventure Programming: Water Based Experiences	
LAP 500 Level Course		
Total Credits		21-23