

# HEALTH & HUMAN SERVICES (HHS)

Visit the [Course Schedule Search website](#) to find out when courses will be offered during the academic year.

*Read more about the courses within this subject prefix in the descriptions provided below.*

## **HHS 400A - UNH-4U: Career and Professional Seminar**

**Credits:** 1-4

In this seminar, UNH-4U students will explore career interests, develop career plans, and learn and practice skills needed to land a job or internship. Specific objectives include: 1) articulating career goals and competencies; 2) creating an academic and career development plan; 3) demonstrating skills for job and internship pursuit; and 4) engaging in professional networking. UNH-4U students can participate in the seminar up to 4 semesters with specific seminar activities established in consultation with mentor.

**Repeat Rule:** May be repeated for a maximum of 4 credits. May be repeated up to 16 times.

**Grade Mode:** Credit/Fail Grading

## **HHS 400B - UNH-4U Seminar: Academic Success and Well-Being Seminar**

**Credits:** 1-4

In this UNH-4U seminar, students will focus on resource availability and resource navigation to support academic success, healthy living, and well-being. Specific objectives include: 1) identifying and articulating goals in the areas of academic success, healthy living, and well-being; 2) establishing resource utilization plans in support of each of these goals; 3) demonstrating targeted knowledge and skills related to independence in managing individual needs. UNH-4U students can participate in the seminar up to 4 semesters with specific seminar activities established in consultation with mentor.

**Repeat Rule:** May be repeated for a maximum of 4 credits. May be repeated up to 16 times.

**Grade Mode:** Credit/Fail Grading

## **HHS 400C - UNH-4U Seminar: Independent Study**

**Credits:** 1-4

Qualified UNH-4U student will be permitted to pursue independent studies under faculty guidance.

**Repeat Rule:** May be repeated for a maximum of 8 credits. May be repeated up to 2 times.

**Grade Mode:** Credit/Fail Grading

## **HHS 400D - UNH-4U Seminar: Advanced Career and Professional Seminar**

**Credits:** 1-6

In this seminar, second year UNH-4U students will meet with instructor for weekly sessions to expand upon skills gained in HHS 400A in working toward individualized career goals. Students will practice skills needed to secure a job or internship. Specific objectives include: 1) update resume and cover letter; 2) create and/or a career portfolio; 3) engage in mock interviews; 4) actively seek and apply for paid employment and internship opportunities that align with career goals; 5) engage in professional networking; and 6) develop a job retention and growth plan. UNH-4U students may participate in the seminar up to 4 semesters with specific seminar activities established in consultation with mentor.

**Repeat Rule:** May be repeated for a maximum of 16 credits.

**Grade Mode:** Credit/Fail Grading

## **HHS 401 - College of Health and Human Services Seminar**

**Credits:** 0-2

This course is an introduction to the curricular and co-curricular aspects of the University and specifically the College of Health and Human Services. The course will focus on resource navigation, major and career exploration and fostering "knowledge for healthy living".

**Grade Mode:** Credit/Fail Grading

## **HHS 402 - Foundations of Career and Professional Success**

**Credits:** 1 or 2

This course will guide CHHS students as they identify ways to self-reflect and build experience to become well rounded applicants for experiential learning (internships, clinicals, fieldwork, etc.), graduate school, and future careers. An emphasis will be placed on identifying robust ways to build transferable skills through activities beyond the classroom such as volunteer work, clubs and orgs, research, and jobs applicable to the student's field of interest.

**Grade Mode:** Credit/Fail Grading

## **HHS 500 - ACE Peer Leadership**

**Credits:** 0-2

In this course, you will be given the opportunity to further your leadership and transferable professional skills. Through both mentoring a first-year student as well as partnering with an assigned professional academic advisor, you will develop critical skills in classroom management, public speaking, group and personal communication, and organization by supporting the facilitation of a first-year seminar, providing peer mentoring and advising, and engaging in professional development opportunities throughout the semester.

**Repeat Rule:** May be repeated for a maximum of 6 credits. May be repeated up to 3 times.

**Grade Mode:** Credit/Fail Grading

## **HHS 698 - Special Topics**

**Credits:** 1-2

Explores areas related to specific professional health interests. May repeat but not duplicate subject areas. A) Communication Disorders, B) Health Management and Policy, C) Medical Laboratory Science, D) Nursing, E) Occupational Therapy, F) Kinesiology, G) Recreation Management and Policy, J) Family Studies, K) Social Work, L) Health Promotion, M-Z) Interdisciplinary.

**Repeat Rule:** May be repeated up to unlimited times.

**Grade Mode:** Credit/Fail Grading

## **HHS 710 - Introduction to Telehealth**

**Credits:** 4

This course focuses on the ever-changing landscape of telehealth through the lens of various health and human services disciplines. Students will explore topics such as the digital divide, telepresence, ethics, telehealth technology, and current practices in telehealth. In addition to completing weekly modules that span a variety of key telehealth topics, students will work collaboratively at a distance to create a multi-media project focused on a telehealth topic of interest.

**Grade Mode:** Letter Grading

**HHS 798 - Special Topics**

**Credits:** 1-4

Explores areas related to specific professional health interests. May repeat but not duplicate subject areas. A) Communication Disorders, B) Health Management and Policy, C) Medical Laboratory Science, D) Nursing, E) Occupational Therapy, F) Kinesiology, G) Recreation Management and Policy, J) Family Studies, K) Social Work, L) Health Promotion, M-Z) Interdisciplinary. Special fee on some topics.

**Repeat Rule:** May be repeated for a maximum of 8 credits. May be repeated up to 7 times.

**Grade Mode:** Letter Grading

**Special Fee:** Yes