

ACADEMIC AND SUPPORT SERVICES

Community, Equity and Diversity

<https://www.unh.edu/inclusive/>

The University of New Hampshire is committed to building and nurturing an environment of inclusive excellence where all students, faculty, and staff can thrive. We also are committed to providing open and inclusive access for all alumni, volunteers, learners, employees, and visitors seeking to participate in our programs and activities. We venture to sustain a campus environment that fosters mutual respect and understanding. We believe diversity, equity, accessibility, and inclusion are foundational values inextricably linked to achieving our core educational mission and embrace the many characteristics of our community members that make them uniquely themselves. Here, you belong and all are welcome.

The Beauregard Center

<https://www.unh.edu/beauregardcenter>

The Beauregard Center is an intersectional student center and a welcoming space for all students. We partner with students from historically excluded and underserved backgrounds and ally students to empower their social and academic growth. We facilitate our student success efforts through our student support and development, retention and success, education and development, programming and engagement, and community engagement function areas. In doing so, we prepare students for a diverse, multicultural, and globalized world.

Health & Wellness

<https://www.unh.edu/health/>

Health & Wellness provides whole person-centered care and services, illness prevention and health promotion, co-curricular learning opportunities, and public health leadership and expertise. All are tailored to support our students' health, well-being, and personal development, the health of the campus community and the mission of our University. Health & Wellness is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).

Health Insurance

University policy requires full-time degree students that are enrolled in at least one in-person course to have health insurance as a condition of enrollment. Some students have the option of waiving this requirement if they present proof of adequate coverage; alternatively, students can acquire an affordable health benefits plan sponsored by the University: the UNH Student Health Benefits Plan (SHBP). International students with F-1 and J-1 visas are required to purchase the SHBP. [Learn more about the SHBP and the waiver process.](#)

MEDICAL SERVICES

UNH Health & Wellness provides comprehensive, student-focused, primary medical care through a team approach. The clinical staff consists of board-certified physicians, nurse practitioners, nurses, and medical assistants who are committed to prevention and holistic care. Primary medical care is provided for a variety of common concerns.

LIVING WELL SERVICES

Living Well Services coordinates health promotion activities on campus. Services provided include educational programs, workshops, and classes; individual wellness counseling and coaching to promote healthy lifestyle choices, including alcohol and other drug counseling, nicotine cessation services, nutritional counseling, wellness coaching (e.g., stress, sleep, behavior change, etc.); and integrative mind-body services, including biofeedback, light therapy, and massage therapy. Read more about [Living Well Services](#).

Information Technology (IT)

<https://www.unh.edu/it>

UNH Information Technology delivers network and communications infrastructure, as well as provides IT services that support students, faculty & staff with learning & research. For a complete list of services and to learn more visit the [UNH IT Service Catalog](#). For information on how to use the services, visit the Self-Help [Knowledge Base](#).

International Students & Scholars

<https://www.unh.edu/global/international-students>

The Office of International Students and Scholars (OISS) provides a wide range of services to international students, faculty, staff and exchange scholars. These services begin before the international visitors arrive on campus and often continue past the completion of their programs. OISS services include: Preparation of eligibility documents for visa issuance along with pre-arrival instructions and information; Preparation of applications to U.S. immigration offices to secure appropriate work authorization for international faculty and staff; In-depth and engaging orientation programs for new students and scholars covering a variety of issues such as immigration rights and responsibilities, adjusting to life in another culture, working in the U.S., adapting to the U.S. educational system, area attractions and services, and much more; A variety of workshops and seminars covering topics such as immigration and employment and career orientation seminars; Programming and events such as International Education Week, international student and scholar lunches, presentation series, graduation receptions, trips, and much more.

All international students are encouraged to maintain contact with the OISS and are required by law to report changes of address, academic program, or source of educational funds.

OISS also serves as a key liaison between international students, faculty and staff and various other UNH offices and departments. For more information visit www.unh.edu/global or call (603) 862-1288.

Center for International Education and Global Engagement

<https://www.unh.edu/global/>

The Center for International Education's mission is to promote and facilitate global learning and responsible world citizenship. The center helps UNH students, faculty, and New Hampshire citizens gain international knowledge and experience in order to better understand the complexities of world affairs and effectively respond to the global issues affecting their lives and livelihood. International knowledge, intercultural competence, and global preparedness are at the core of CIE's mission. CIE achieves its mission through its support of the *Report of*

the *President's Panel on Internationalizing UNH* and through the following programmatic activities:

Global Affairs Dual Major

To help students of every major develop critical global understanding, foreign language competency, and international experience

Study Abroad

For a new perspective and valuable first-hand experience in countries around the world

Scholarship Opportunities

To make direct international learning available to students with financial need

N.H. International Seminars

By eminent UNH and visiting scholars to engage the community on important international issue

Faculty Development

To support faculty to explore research and collaborations abroad to enrich classroom teaching and the UNH community

Library

www.library.unh.edu

The UNH Library supports the educational and research activities of the students, faculty, and staff of the University of New Hampshire as a research-level library. Experienced research assistance along with group and individual instruction helps students learn how to efficiently research and critically evaluate information. The Library provides access to an extensive collection of electronic resources (e-books, digital collections, an institutional repository, indexes in many subject areas, statistical data sets, and databases supplying full-text journal and newspaper articles) 24/7 at library.unh.edu.

The Library has approximately 2.7 million print and electronic items and more than 140,000 print and electronic serial subscriptions and is active in digitizing, preserving, and making accessible materials in its collections. Dimond Library houses collections in the social sciences, humanities, business, health and human services, education, and earth sciences and is the regional depository for federal government publications (including maps). It is also home to the Connors Writing Center, the Academic Technology Support Center, and Zeke's Cafe. Special Collections and Archives collects rare books, manuscripts, and University publications and papers. In addition to the main Dimond Library, there are three branch libraries for physical sciences and engineering that offer customized services for the UNH scientific and engineering communities.

The library's holdings are supplemented by access to the collections of Boston Library Consortium member libraries as well as library collections around the globe through interlibrary loan. The UNH Library shares resources with the campus library at the University of New Hampshire at Manchester and collaborates with the UNH School of Law library. All library locations offer wireless Internet access, computer workstations, individual study areas, and collaborative group work spaces. Dimond Library offers seating for more than 1,200 in a variety of settings.

Military & Veteran Services

www.unh.edu/veterans

The mission of the Military & Veteran Services Office is to provide the highest quality service and support to Student Veterans, Service Members, and other military-affiliated students such as dependents, as outlined in the Veteran Administration's **Principles of Excellence** and **8 Keys of Success**. Furthermore, we strive every day to ensure that we exceed the University's inclusivity standards as laid out by the University Commission on Community, Equity, and Diversity.

- Durham Campus
- [Manchester Campus](#)
- [CPS](#)

Psychological and Counseling Services

<http://www.unh.edu/pacs>

Psychological and Counseling Services (PACS) is the primary mental health facility on campus. We are fully funded by student fees. Our confidential services are designed to help students who are enrolled in full-time study to achieve their personal and academic goals. PACS utilizes a brief, solution-focused counseling model. We provide online interactive self-help therapy via WellTrack, individual and group therapy in person and via telehealth, workshops, and consultation with a psychiatrist. We offer crisis counseling in person, during business hours, and after hours, through ProtoCall. Students needing longer term service are offered referrals to other university and community agencies.

We also aim to serve the community while being part of the community. As community members with specialized training in working with the university population, we are knowledgeable about the special needs of students, faculty, staff. A large part of our community work focuses on prevention; we believe that increased awareness of healthy ways to cope with stress can help the UNH community and its individual members achieve their professional and personal goals.

All information about a student's visits to PACS is confidential and cannot be released without the written permission of the student. The University of New Hampshire Psychological and Counseling Services has been accredited by the International Association of Counseling Services since 1978.

For more information, call (603) 862-2090 or visit <http://www.unh.edu/pacs>.

The SHARPP Center for Interpersonal Violence Awareness, Prevention, and Advocacy

www.unh.edu/sharpp.

SHARPP is a University of New Hampshire program overseen by Student Life, dedicated to providing free and confidential services to survivors of Interpersonal Violence (sexual violence, relationship abuse, sexual harassment, childhood abuse, and stalking) as well as their allies. We also provide education, outreach, and training on the above topics as well as on consent, bystander intervention, and healthy relationships to the greater University community.

Student Accessibility Services

<http://www.unh.edu/studentaccessibility>

Student Accessibility Services (SAS) is committed to establishing a community that ensures full participation for students with disabilities

by providing assistance that facilitates independence and academic progress. The office is responsible for determining a range of student supports, including but not limited to academic, housing and dining accommodations. In addition, we are a source of information and referral; a resource and collaborative partner for the campus community; and a point of support and advocacy regarding access issues in general.

All accommodation requests are considered through an interactive accommodations process. This consists of three important steps: (1) register with SAS, (2) submit documentation, and (3) meet with SAS. To learn more about our documentation requirements for both general and housing-only requests, please see our Documentation Guidelines pages on our website. There is no deadline to make contact, complete an intake, or provide documentation, but accommodations cannot be applied retroactively so timeliness of the request is important. Accommodations can also be reconsidered at any time. Should a student have the need to change their accommodations, students should contact SAS to discuss the request.

To request accommodations or learn more about the services offered within SAS, please contact: (603) 862-2607 (voice), 711 (TTY) or 800-735-2964 (Relay NH); (603) 862-4043 (fax); e-mail SAS.office@unh.edu; or visit <http://www.unh.edu/studentaccessibility>.

<https://www.gradschool.unh.edu/>